





SPA VILLAGE BATH

Tapping into the original natural thermal springs, Spa Village Bath offers a contemporary perspective on the city's thermal water heritage. Coupled with the historic use of aromatherapy in Great Britain, this spa, within the Gainsborough Bath Spa hotel, gently supports the brand's philosophy of honouring the healing traditions of the region.

The opulent Bath House experience enables guests to "take the waters" in luxury. Guests will begin their visit with a circuit that includes dipping in three natural thermal pools of varying temperatures, traditional and infrared saunas, steam room, an ice alcove and elegant relaxation areas.

Spa Village Bath integrates the treasured waters of Bath with private aquatic body therapies and classic treatments that focus on personalised aromatherapy, balancing the fine line between science and art.

The serene environment of the spa is bathed in natural light emanating from the glass atrium perched above the Bath House. Located over two levels, Spa Village Bath also features 11 treatment rooms which include a couples' suite with private access to the natural thermal waters.

Guests can satisfy their daily workout needs in the 24-hour fitness centre.

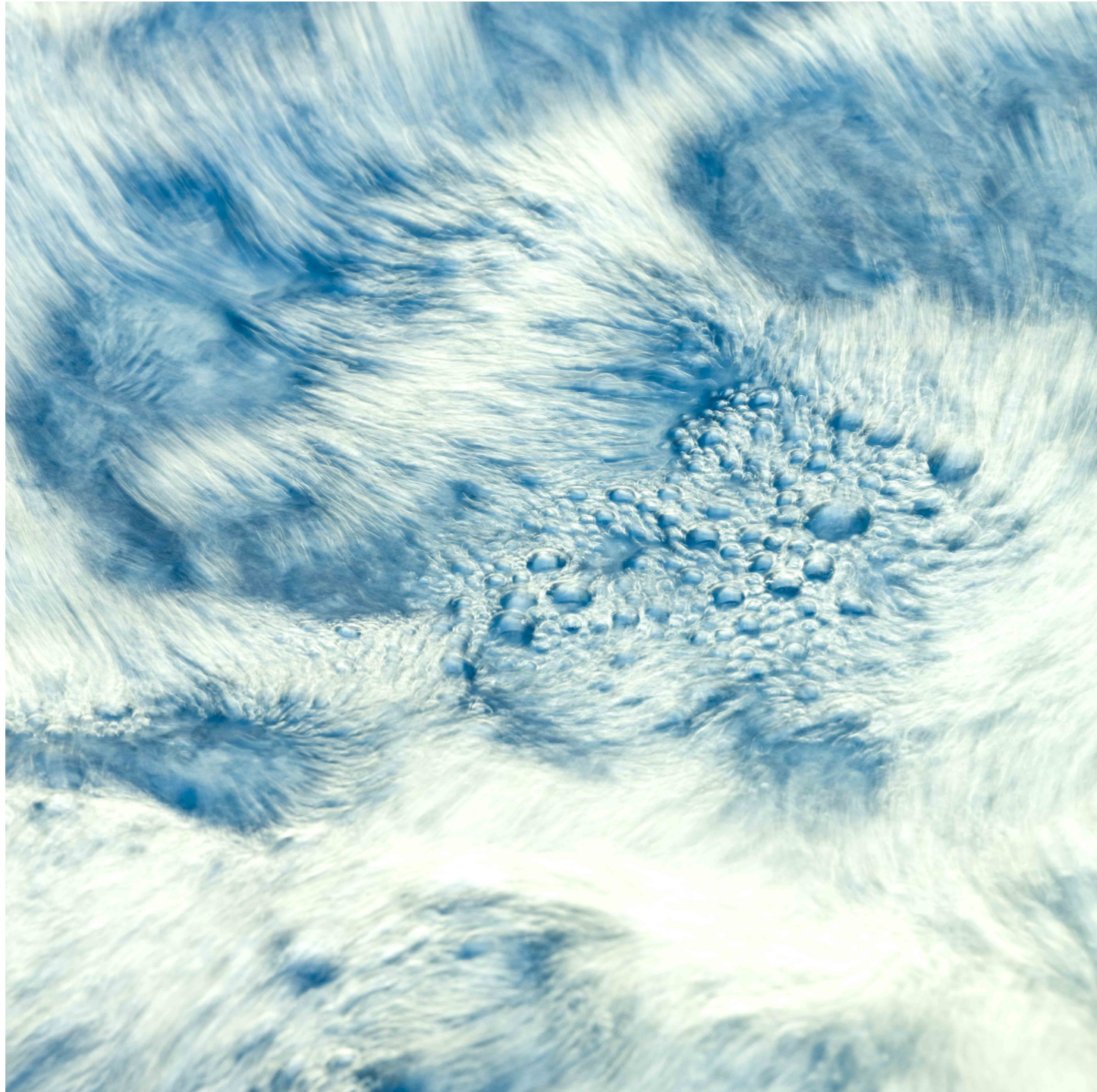


BATH HOUSE CIRCUIT

The natural thermal waters of Bath are the core of the Spa Village Bath experience. Guests are encouraged to allocate approximately one hour to fully enjoy the self guided bathing circuit. The Bath House is a facility for both Ladies and Gentlemen and swimsuits are required. The Bath House is complimentary to all hotel guests of The Gainsborough Bath Spa during designated in-house bathing hours or with a scheduled spa treatment.

Members can enjoy the privacy of the members lounge while relaxing and savouring the effects of their experience.

The Gainsborough Bath Spa guests who desire a more immersive spa experience can stay in one of the two Bath Spa guest rooms or the sumptuous Bath Spa Suite. All three rooms are located directly above Spa Village for the ultimate ease of access and include special baths that fill with the natural thermal waters.



MINERAL CURE RITUALS

The healing mineral-rich waters of Bath have been flowing for thousands of years. They have seen the rise and the fall of civilisations around her and remain an eternal draw for health and wellness seekers. As current custodians of these treasured waters, we have the privilege to share with our guests a selection of the most powerful and curative mineral-based treatments. These treatments have been designed to intensify and continue the properties of our mineral-rich waters easing muscles and joints, reducing inflammation and detoxifying the body.

FOR THE BODY

MINERAL MUD DETOX

85 Minutes

This deeply detoxifying and cleansing treatment utilises the curative nature of the mineral-rich Hungarian Moor Mud from Lake Hévíz. This body experience begins with a stimulating full body exfoliation using sea salt, Hungarian Moor Mud and capsicum peptide followed by a warm healing mud wrap and a revitalising scalp treatment. After rinsing, enjoy a full body massage using specialised firming oil that promotes youthful elasticity, reduces the appearance of stretch marks and leaves the skin soft and silky and re-mineralised.

Excellent for tired aching muscles, poor circulation, jet lag and disruptive skin conditions.

**Note: This treatment requires showering and washing of the hair. Not suitable for pregnancy or sunburn.

MINERAL MUD BACK, NECK & SCALP

50 Minutes

A targeted detox and for the back, neck and shoulders drawing on tension relieving techniques of deep tissue massage. The ritual begins with a stimulating exfoliation using Moor Mud and Sea Salt. A firm back and scalp massage follows commencing with the application of warmed Moor Mud to both the back and scalp drawing out congestion and replenishing minerals.

THERMAL MINERAL WAVE MASSAGE

50 Minutes

Inspired by Bath's rich bathing culture, this deeply restorative full-body massage captures the soothing rhythm of flowing water. Performed on warmed water mattresses, slow, wave-like movements ebb and flow across the body, relieving tension and encouraging deep relaxation, as if floating in the warm, mineral-rich waters of the baths. Powered by the Healing Concentrate™, this ritual revitalises skin and senses. A misting of our thermal waters and essential oils complete the experience, evoking gentle rainfall on the skin and awakening the senses.

GOLDEN BODY TREATMENT

85 Minutes

Our most luxurious body treatment to repair and soften skin. This treatment showcases the proven anti-inflammatory properties of gold, which helps to heal micro-damage in the skin and tissues. We begin with a gentle exfoliation using gold-enriched sugar followed by an ultra hydrating full body massage employing warmed stones and a dreamy-scented shimmer oil containing Colloidal Gold to repair, calendula to calm, rice germ to nourish and vitamin E to boost collagen.

**This treatment requires showering.

COPPER AND QUARTZ FIRING MASSAGE

50 Minutes

Harnessing the grounding properties of copper and the vibrational frequency of Quartz Crystals, this sculpting massage combines traditional copper Gua Sha with rhythmic lymphatic drainage techniques to stimulate circulation, support collagen production and reduce inflammation. The experience opens and closes with a tranquil energy balancing ritual utilising Quartz Crystals.

Ideal for fluid retention, stagnation, cellulite and nervous system imbalance.

FOR THE FACE

OMOROVICZA BESPOKE FACIAL

50 | 85 Minutes

Tailored to your particular skin care needs, this customised facial addresses your skin concerns or desires with selected high-performance Omorovicza products. Each treatment is anchored by Omorovicza's award-winning Hungarian Facial Massage and revitalising Hungarian Moor Mud, providing a unique reset whether to calm and soothe sensitive skin conditions, or to deeply cleanse, purify and treat blemished skin issues, your therapist will customise your facial to meet your needs and match your skin type. A double cleanse, arm and hand scrub plus massage and hyaluronic lip plumping treatment set this facial apart!

** Recommended for all skin types.

GOLD HYDRALIFTING MINERAL FACIAL

85 Minutes

The Gold Hydralifting Facial harnesses the skin-strengthening power of colloidal gold, a potent anti-inflammatory that works to restore and repair the skin's barrier, for a firmer and more youthful appearance.

After a double cleanse and mild exfoliation, the Gold Hydralifting Mask will provide an instant lift and deep hydration. Formulated with three forms of hyaluronic acid and bio-available gold, this mask plumps, nourishes and soothes the skin while repairing micro-damage. Whilst the mask works its magic, unwind with a hand and arm massage, using Omorovicza's shimmering Gold Collection body icons and as a final step, cell renewal and collagen production is stimulated with a traditional Hungarian facial massage, warmed rose quartz wands and cooling derma globes to de-puff the eyes! Instantly lifting and firming skin.

** Ideal for lack-lustre skin with loss of firmness and elasticity.

THE QUEENS SKIN THERAPY

50 | 85 Minutes

A luxurious facial treatment designed for sensitive, dehydrated and hormonally challenged skin. Tapping into the ultra-hydrating effects of Omorovicza's Queen Collection and combined with the top performance Blue Diamond and Gold Collection, this highly sensorial experience leaves the skin plump, radiating and youthful.

** Suitable for all skin types in need of super-hydration, nourishment and calm

BLUE DIAMOND LED PERFORMANCE FACIAL

85 Minutes

This advanced, results-driven facial is designed to support skin longevity by working at a deep cellular level. Following thorough cleansing and gentle exfoliation, a therapeutic red-light dome is applied to stimulate mitochondrial energy, calm micro-inflammation, and encourage collagen synthesis. This technology primes the skin to receive Omorovicza's Blue Diamond actives, which are then infused using sculpting and lifting techniques to reinforce structure, improve firmness, and restore luminosity.

Mineral-rich finishing products strengthen the skin barrier and enhance resilience, leaving the complexion visibly smoother, lifted, and radiant. With cumulative benefits over time, this facial prioritises long-term vitality over instant correction.

LED RED LIGHT UPGRADE

Enhance any facial with LED light therapy to stimulate cellular energy, support collagen production, calm inflammation, and improve skin firmness and resilience with cumulative, long-term benefits.



SPA CLASSICS

Our offering of trusted and beloved spa classic massages and body treatments.

AROMATHERAPY MASSAGE

50 | 85 Minutes

Float away with our signature aromatherapy massage, using thoughtfully curated essential oil blends chosen for their ability to calm the nervous system, ease muscular tension, and restore emotional balance. These precious oils combine concentrated botanical extracts with nourishing fatty and amino acids, expertly blended to enhance absorption and therapeutic effect. Guided by a rhythmical, flowing massage technique, the treatment gently engages the body's relaxation response, encouraging a deep reset.

**This massage is an ideal choice for anyone with a busy mind wishing to reduce stress.

ROMAN RENEWAL

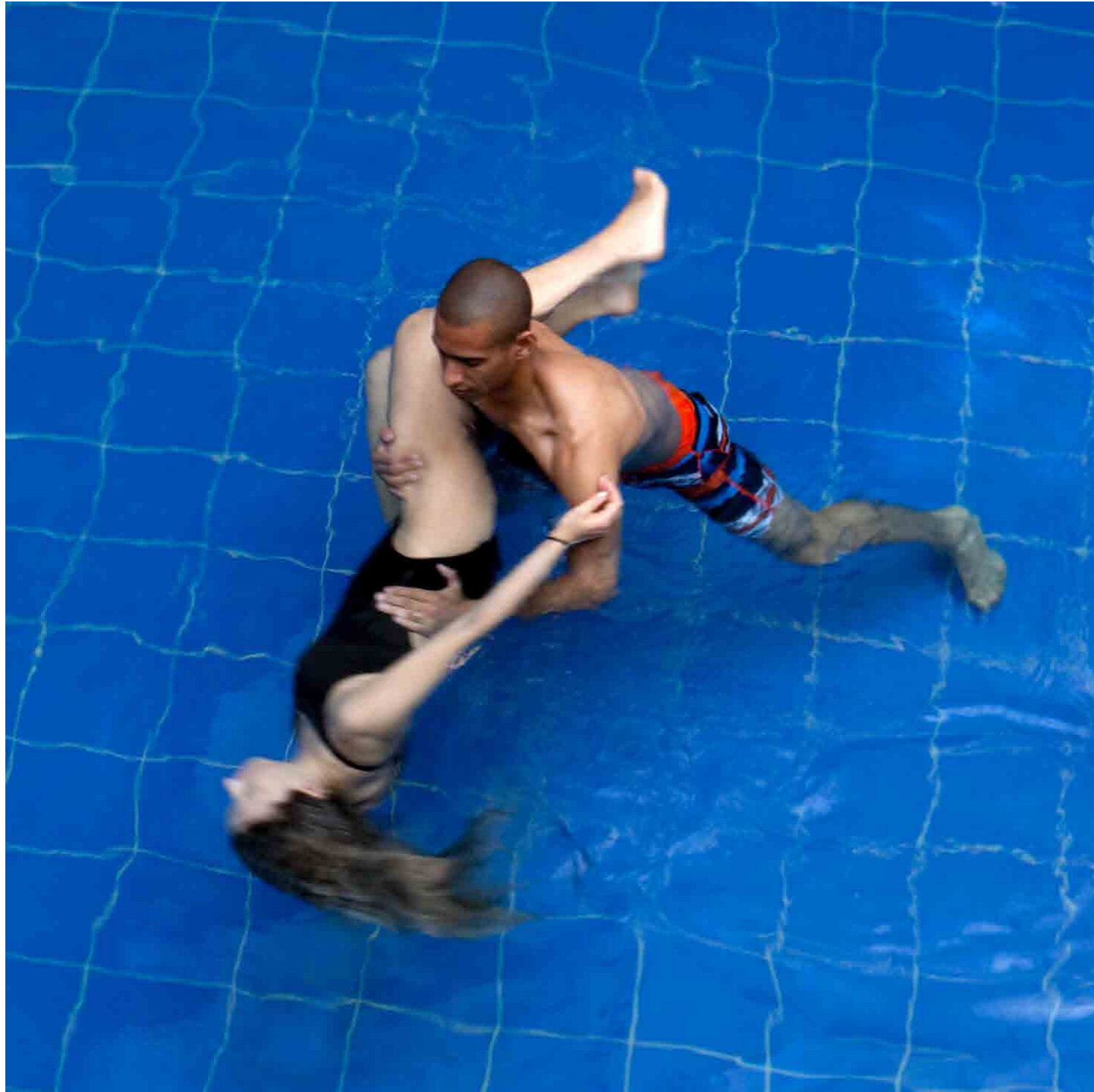
110 Minutes

Deliciously fragranced with delicate floral essential oils, this highly moisturising and decadent body treatment begins with a generous application of rich body butters, and a creamy emulsion of whipped body mask. A full body massage transitions into a complete head-to-toe experience finishing with a full Bespoke Omorovicza Facial.

GAINSBOROUGH BESPOKE MASSAGE

50 | 85 Minutes

We invite you to enjoy an unsurpassed level of relaxation with our enhanced full body massage curated to your liking. Warmed aroma-infused towels are applied 'compression-style' to the body to prepare the muscles for classic Swedish-style massage techniques to ease tension and relieve pain. This session can be a head-to-toe massage for full-body relaxation or tailored by you to focus on personal areas of concern.



FREESTYLE DEEP TISSUE MASSAGE

50 | 85 Minutes

Following a consultation with the therapist, our Deep Tissue massage involves a stronger pressure application, specific stretches and mobilisation techniques where most needed. This session can be a head-to-toe massage for full-body relaxation or tailored by you to focus on personal areas of concern.

BACK TO VITALITY

50 Minutes

Targeting the areas that need the most attention, this face and body express-experience begins with a tension-relieving back and shoulder massage transitioning to an Express Facial.

GROUNDED FOOT MASSAGE

50 Minutes

Grounded in the ancient art of reflexology, this revitalising ritual begins with warm compresses and a mineral foot polish. Precise pressure applied to points on the feet and lower legs, combined with firm classic foot massage, restores energy flow, balance, and deep whole-body harmony.

Add-On Treats

25 Minutes

Make your experience exceptional and add one or more of these treats to any of our 50 minute treatments.

- Back and Neck Massage
- Head & Scalp Massage
- Foot Massage
- Warm Mineral Body Scrub
- Express Facial

SPA RECOMMENDATIONS AND GUIDELINES

Enjoy a full range of amenities when visiting the Spa Village Bath, including a robe, slippers, private locker, and bath and vanity products.

Services that are listed with a * symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant.

In consideration of other guests, we ask that all mobile phones are not in use in the spa. The Spa Village Bath is a non-smoking facility. Kindly bring a swimsuit for use in the Bath House.

OPENING TIMES

Complimentary Bath House:

In-house hotel guests only:

8am - 10am and 7pm - 9pm

SPA TREATMENTS

9:45am – 6:15pm

Guests are entitled to complimentary use of the Bath House when booking a spa treatment.

RESERVATIONS

Advance reservations are recommended. If in-house, touch 5320 or 5321 between 7.00am and 9.00pm.

You may also call Spa Village Bath at +44 (0) 1225 355 320 or email spavillage@thegainsboroughbathspa.co.uk.

CHECK-IN

Please check-in at the Spa Reception Desk 60 minutes prior to your first appointment to enjoy the Bath House facilities. For comfort, we invite you to wear your guest room robe. We regret that late arrivals will not receive an extension of scheduled treatments.

FACILITY USAGE

All in-house guests of The Gainsborough Bath Spa enjoy complimentary use of the spa facilities during designated Bath House hours or with any 50 minute and above scheduled spa service. All prices are subject to change without prior notification.

AGE REQUIRED

Spa Village Bath guests must be 16 years old or older to enjoy the Bathhouse and 18 for spa treatments.

AROMA BAR

Be sure to visit the Aroma Bar for an array of spa products and spa-related goods.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 24 hours notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.

MEMBERSHIP

Exclusive membership to Spa Village Bath provides you access to the finest luxury spa facilities and unrivalled thermal water bathing. Subscriptions are limited to ensure optimal enjoyment of member privileges.

For enquiries, contact Spa Village Bath at spavillage@thegainsboroughbathspa.co.uk or visit our website at www.thegainsboroughbathspa.co.uk.

PRICE LIST

MINERAL CURE RITUALS

FOR THE BODY

	WEEKDAY	WEEKEND
Mineral Mud Detox (85min)	£225	£250
Mineral Mud Back, Neck & Scalp (50min)	£170	£190
Thermal Mineral Wave Massage (50min)	£160	£180
Golden Body Treatment (85min)	£225	£250
Copper & Quartz Firming Massage (50min)	£170	£190

FOR THE FACE

Omorovicza Bespoke Facial (50min)	£180	£225
Omorovicza Bespoke Facial (85min)	£225	£265
Gold Hydralifting Mineral Facial (85min)	£225	£265
The Queen's Skin Therapy (50min)	£180	£225
The Queen's Skin Therapy (85min)	£225	£265
Blue Diamond LED Performance Facial (85min)	£225	£265
LED Red Light Add-On	£25	£25

SPA CLASSICS

Aromatherapy Massage (50min)	£160	£180
Aromatherapy Massage (85min)	£225	£250
Roman Renewal (110min)	£285	£310
Gainsborough Bespoke Massage (50min)	£160	£180
Gainsborough Bespoke Massage (85min)	£225	£250
Freestyle Deep Tissue Massage (50min)	£170	£190
Freestyle Deep Tissue Massage (85min)	£250	£270
Back to Vitality (50min)	£160	£180
Grounded Foot Massage (50min)	£160	£180

ADD - ON TREATS (25min)

Back and Neck Massage	£55	£60
Head & Scalp Massage	£55	£60
Foot Massage	£55	£60
Warm Mineral Body Scrub	£60	£65
Express Facial	£60	£65

SPA DAYS

Revitalise	£195	£215
Renewal	£195	£215
Back to Vitality	£195	£215
Time for Two	£390	£430

All prices include VAT and are subject to change without prior notification.

SPA VILLAGE BATH

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